

gold coast
spine

Nurse Health Check

Dr Scott-Young wants to make sure that his assessment at your first appointment is as thorough as possible. He has a team at Gold Coast Spine that helps him make that happen.

To understand your spinal condition Dr Scott-Young needs to get a full picture of your history regarding your spine and also your general health.

Our nursing staff help him with this by conducting Nurse Health Checks before your first appointment.

Our nurses will arrange a mutually convenient time to take a detailed history relevant to your first appointment with Dr Scott-Young. This can take place over the phone and may take up to 30 minutes.

They will also check-in with you on the day of your appointments with Dr Scott-Young.

Location

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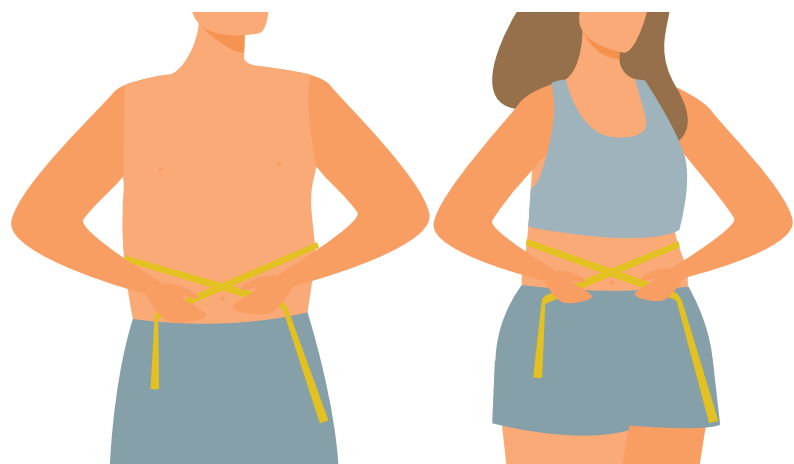
To prepare, please review the following checklist. It would be helpful to keep the information below handy for the conversation with our nurse.

- All current prescription and over the counter medication.
- Your past medical history, including medical conditions or previous surgeries.
- Details of all medical practitioners that are currently involved in your care, including details of any treatments that are ongoing.
- Details of any compensation claims relating to your condition (if relevant).
- Current weight, height, and girth (see below).

Height:	_____	cm
Weight:	_____	kg
Girth:	_____	cm

How to measure your girth.

1. Stand up straight and exhale.
2. Wrap a tape measure around your waist at your belly button.
3. Hold tape measure flat against body, not too tight, and take a reading.



Questions? If you have any questions, please don't hesitate to contact our nursing staff on (07) 5528 6477 or visit www.goldcoastspine.com.au for more information on what to expect.