

As at Tuesday 13 April 2021, 9:10 am:

Gold Coast Spine is closely monitoring Australian and QLD Government COVID-19 directions for control and containment of the virus.

Before attending our Practice, please check the list of contact tracing alerts here:

<https://www.qld.gov.au/health/conditions/health-alerts/coronavirus-covid-19/current-status/contact-tracing>

Please notify us if you are a close contact (quarantine for 14 days) or casual contact (get tested, and return a negative result) so that we can reschedule your appointment.

### Queensland restrictions:

Everyone in Queensland must now carry a face mask with them when they leave their home.

We ask that everyone attending Gold Coast Spine wear a mask while on our premises.

### Patients with scheduled surgery:

At this time, elective surgery is going ahead as usual. Pindara Private Hospital has limits on the number of visitors to the hospital. If you live in a declared COVID hot spot and have scheduled surgery, we will be in contact to discuss arrangements.

### COVIDSafeApp:

Gold Coast Spine encourages all our patients with smart phones to download the COVIDSafe App and keep it on while you are out and about.

It will assist us in helping keep you safe as you attend your appointments and come in contact with our staff and other patients. For further details about the App, its use and security, visit: <https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>



Looking after our patients and staff:

Our priority is safeguarding the health of our patients and staff.

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Please notify us if you are a close contact (quarantine for 14 days) or casual contact (get tested, and return a negative result) so that we can reschedule your appointment.

To assist with this, patients and their support people are not able to come to their appointment if:

1. You or your support person have symptoms of fever, sore throat, cough, fatigue, difficulty breathing, or have lost your sense of smell or taste; OR
2. You or your support person have returned from overseas in the last 14 days; OR
3. You or your support person have tested positive for COVID-19; OR
4. You are awaiting the results of a COVID-19 test (a clearance will be required); OR
5. You or your support person have had close contact with a confirmed COVID-19 case in the last 14 days; OR
6. You have been to any of the venues in Brisbane listed with a contact tracing alert. OR
7. You or your support person are otherwise unwell (e.g. common cold symptoms).

Please note we are limiting entry to Gold Coast Spine to our patients and one support person. If you are able, we ask that you do not attend with children.

We ask everyone to maintain social distancing (minimum 1.5m) while at Gold Coast Spine.

Heightened safety measures: We have implemented heightened hygiene processes in our practice, which include:

- Hand sanitiser is available throughout the clinic for staff and patients. Please use it on entry to Gold Coast Spine.
- We undertake hourly surface sanitisation processes through our premises each day.
- In addition to their usual practices, the surgeons will wash their hands before and after they examine you.
  - Our surgeon's examination beds are sanitised after each examination.
  - Our commercial cleaners have updated their practices based on Australian Government recommendations.

We have also implemented our internal action plan to minimise the risk of unwell staff members attending for work.

Where to find more information:

We recommend anyone with flu-like symptoms or concerns about their health to contact their GP or phone 13 HEALTH for advice. You can also contact the 24/7 Coronavirus health information line: 1800 020 080.

Please help us by following the advice from the Australian Government and supporting the nationwide efforts to control the spread of COVID-19.

More information on COVID-19 can be found here: [health.gov.au](https://www.health.gov.au)