

As at Thursday, 14 October 2021, 08.00 am:

Gold Coast Spine is closely monitoring Australian and QLD Government COVID-19 directions for control and containment of the virus.

Queensland:

Before attending your appointment, please check the Contact tracing alerts (below).

We are now asking everyone that attends Gold Coast Spine to wear a face mask (unless you have an exemption) while on our premises. Please hand sanitise on arrival, check in with the Check In Qld App, and practice social distancing where possible.

We ask that patients attend with only one support person and request that children remain at home if possible.

QLD has current contact tracing alerts which can be found [here](#). Please notify us if you have been to any of the listed venues (get tested and advise us of the result) so that we can reschedule your appointment.

COVID Hotspots:

If you have been in a declared COVID hot spot, and have scheduled appointment or surgery, we will contact you to discuss arrangements. The Local Government Areas (LGAs) that make up the following regions are declared hotspots:

- New South Wales
- Victoria
- ACT

Details of the LGAs included in these regions can be found [here](#).

NSW Border Zone:

NSW Border Zone residents can enter QLD for medical appointments. You must complete a QLD [Border Pass](#) before entering QLD.

NSW also requires any Border Zone residents to complete a [NSW Border Declaration](#) before re-entering NSW.

The rest of Australia:

If you are entering Queensland and have not been in a declared hotspot, you must complete a [Travel Declaration](#) before entering.

COVID Safe App:

Gold Coast Spine is now using the COVIDSafe App. It will assist us in helping keep you safe as you attend your appointments and come in contact with our staff and other patients.

For further details about the App, its use and security, visit:

<https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>

Looking after our patients and staff:

Our priority is safeguarding the health of our patients and staff.

Please note we are limiting entry to Gold Coast Spine to our patients and one support person. If you are able, we ask that you do not attend with children.

We ask everyone to maintain social distancing (minimum 1.5m while at Gold Coast Spine.

Heightened safety measures: We have implemented heightened hygiene processes in our practice, which include:

- Hand sanitiser is available throughout the clinic for staff and patients. Please use it on entry to Gold Coast Spine.
- We undertake hourly surface sanitisation processes through our premises each day.
- In addition to their usual practices, the surgeons will wash their hands before and after they examine you.
- Our surgeon's examination beds are sanitised after each examination.
- Our commercial cleaners have updated their practices based on Australian Government recommendations.

We have also implemented our internal action plan to minimise the risk of unwell staff members attending for work.

Where to find more information:

We recommend anyone with flu-like symptoms or concerns about their health to contact their GP or phone 13 HEALTH for advice. You can also contact the 24/7 Coronavirus health information line: 1800 020 080.

Please help us by following the advice from the Australian Government and supporting the nationwide efforts to control the spread of COVID-19.

More information on COVID-19 can be found here: [health.gov.au](https://www.health.gov.au)